

# NRG Peace, Love, & Gymnastics Meet Schedule

February 26<sup>th</sup> – 27<sup>th</sup>, 2011

## Saturday February 26<sup>th</sup>

### **Session 1 (Silver's) 56 Gymnasts**

(Bull City, Carolina Sport Art, Nick's Flippin Kids, North Raleigh, NYC Dance & Tumble, Wake Gymnastics)

Modified Meet Format

8:30 – 8:50	Open Stretch
8:50 – 9:00	March In
9:00 – 12:00	Warm up / Competition

Awards to Follow



### **Session 2 ( Level 5's, Gold's & Platinum's) 44 Gymnasts**

(Bull City, Faulker's, Nicks's Flippin Kids, North Raleigh, Stanly County, The Gym Company, Tri-County)

Modified Meet Format

12:45 – 1:05	Open Stretch
1:05 – 1:10	March In
1:10 – 3:40	Warm Up & Competition

Awards to Follow

### **Session 3 (Level 7's, 8's & 10) 28 Gymnasts**

(Faulkner's, Langley, North Raleigh, Stanly County, The Gym Company)

Modified Meet Format

4:25 – 4:45	Open Stretch
4:45 – 4:55	March In
4:55 – 7:15	Warm Up & Competition

Awards to Follow

## Sunday February 27<sup>th</sup>

### **Session 4 (Level 3's, 4's, & Bronze Ages – 5, 6, & 8) 46 Gymnasts**

(Bull City, Faulkner's, Nick's Flippin Kids, North Raleigh, NYC Dance & Tumble, Stanly County, The Gym Company, Tri-County, Wake Gymnastics)

Modified Meet Format

9:00 – 9:20	Open Stretch
9:20 – 9:30	March In
9:30 – 11:15	Warm Up & Competition

Awards to Follow

### **Session 5 (Bronze Ages – 7, 10, 12 & up) 41 Gymnasts**

(Bull City, Faulkner's, Nick's Flippin Kids, North Raleigh, NYC Dance & Tumble, Stanly County, The Gym Company)

Modified Meet Format

12:00 – 12:20	Open Stretch
12:20 – 12:30	March In
12:30 – 2:10	Warm Up & Competition

Awards to Follow

### **Session 6 ( Bronze Ages - 9 & 11) 41 Gymnasts**

(Bull City, Faulkner's, Nick's Flippin Kids, North Raleigh, NYC Dance & Tumble, Stanly County, The Gym Company)

Modified Meet Format

2:55 – 3:15	Open Stretch
3:15 – 3:25	March In
3:25 – 5:10	Warm Up & Competition

Awards to Follow